

<p>Menu w/c</p> <p>ALLERGENS SHOWN AGAINST EACH ITEM</p> <p>MENU A Summer</p>	<p>This week's fruit includes: strawberries, plums, apples, bananas, pears and raisins</p> <p>This week's vegetables include: peas, green beans, sugar snap peas, carrots, broccoli, red pepper, cherry tomatoes, carrot sticks and cucumber</p>	
<p>Morning snack</p>	<p>Cooked Lunch</p>	<p>Tea</p>
<p>Cereal and milk 2, 7</p>	<p>Baked potatoes with tuna, beans and cheese 7 Mini gingerbread men 2, 4</p>	<p>Bagels with ham or dairylea, carrot sticks 2, 7 Peaches and Mango</p>
<p>Pancakes and milk 2,7</p>	<p>Chicken and Broccoli Tagliatelle Pineapple and kiwi 7</p>	<p>Ham, Tuna and grated cheese sandwiches with cherry tomatoes 2,7 Dried fruit (cranberries, raisins and sultanas) 14</p>
<p>Buttered teacakes and milk 2,7</p>	<p>Mini Burgers with potato wedges and baked beans 7, 2 Apple and pear slices</p>	<p>Cold pasta salad with pesto and ham 2,4,7 Bananas</p>
<p>Fruit loaf and milk 2,7</p>	<p>BBQ Sausage casserole with carrots, parsnips and rice Fromage frais 7</p>	<p>Tea platter - breadsticks, cheese cubes, cucumber and mini sausage rolls 2, 4,7, Melon Slices</p>
<p>Toast and milk 2,7</p>	<p>Beef Lasagne with green beans Flapjack</p>	<p>Dairylea or chicken/ bacon filler wraps with sugar snap peas 2,7,4 Blueberries and strawberries</p>

<p>Menu w/c</p> <p>MENU B Summer</p>	<p>This week's vegetables include: baby corn, petit pois, broccoli, green beans, carrots, sweetcorn, carrot and cucumber sticks</p>	<p>This week's fruit includes: apples, bananas, pears, plums, pineapple, melon, kiwi, cranberries, sultanas and raisins</p>
<p>Morning snack</p>	<p>Cooked Lunch</p>	<p>Tea</p>
<p>Cereal and milk 2,7</p>	<p>Meatballs and Pasta with a tomato & Basil sauce and homemade garlic bread & carrots. 2,4,7</p> <p>Dried fruit (cranberries, sultanas, apricots) 14?</p>	<p>Tea platter: breadsticks, cheese cubes, carrot sticks and mini sausage rolls 2,7</p> <p>Pineapple and melon</p>
<p>Fruit loaf and milk 2,7</p>	<p>Breaded cod with homemade potato wedges and baked beans</p> <p>Fromage frais 7</p>	<p>Pasta salad with pesto and ham, and sugar snap peas 2,7,4</p> <p>Bananas</p>
<p>Malt Loaf and milk 2,7</p>	<p>Pork Goulash with peppers, carrots and broccoli, served with rice 7</p> <p>Shortbread 2</p>	<p>Ham and dairylea and chicken croissants with cucumber 2,7,4</p> <p>Mango and peach</p>
<p>Toast and milk 2,7</p>	<p>Spaghetti carbonara with ham, sweetcorn and peas 2,7,4</p> <p>Apples and sultanas</p>	<p>Wraps with dairylea or chicken and bacon filler and cucumber 2,7,4</p> <p>Blueberries and strawberries</p>
<p>Cereal and milk 2,7</p>	<p>Chicken and Chorizo in a herby tomato sauce with rice and green beans 2,</p> <p>Granola 2,7</p>	<p>Sandwiches with chicken or bacon filler/ ham or cheese) 2,7,4</p> <p>Melon slices</p>

<p>Menu w/c</p> <p>MENU C</p>	<p>This week's fruit includes: raspberries, blackberries, blueberries, plums, apples, bananas, pears and raisins</p> <p>This week's vegetables include: butternut squash, potatoes, mushrooms, baby corn, petit pois, spring onions, broccoli, green beans, carrots, cherry tomatoes, carrot sticks and cucumber</p>	
<p>Morning snack</p>	<p>Cooked Lunch</p>	<p>Tea</p>
<p>Cereal and milk 2,7</p>	<p>Fishfingers, homemade potato wedges and baked beans</p> <p>Flapjack</p>	<p>Ham and grated cheese sandwiches with cucumber sticks 2,7,4 Bananas</p>
<p>Pancakes and milk 2,7</p>	<p>Sweet and sour pork with noodles, whole baby sweetcorn and green beans 12,2,</p> <p>Dried fruit (sultanas, cranberries, raisins)</p>	<p>Tea platter: breadsticks, cheese cubes, cucumber, sausage rolls 2,7,4 Apple and pear slices</p>
<p>Fruit loaf and milk 2,7</p>	<p>Bacon and Cheese Frittata with Baked Beans 7</p> <p>Fromage frais 7</p>	<p>Wraps with ham or dairylea with cherry tomatoes 2,7 Kiwi and mango</p>
<p>Toast and milk 2,7</p>	<p>Chicken curry with sweetcorn, spinach and peas, served with rice</p> <p>Gingerbread 2</p>	<p>Cold pesto pasta salad with chopped ham 2,7 Melon slices 14</p>
<p>Cereal and milk 2,7</p>	<p>Tomato and cheese pasta bake with ham, sweetcorn and broccoli 2,7,4</p> <p>Apple & raisins 14</p>	<p>Bagels filled with dairylea or chicken, with carrots sticks Strawberry and pineapple</p>

<p>Menu w/c</p> <p>MENU D</p>	<p>This week's fruit includes: raspberries, blackberries, blueberries, plums, apples, bananas, pears and raisins</p> <p>This week's vegetables include: courgettes, baby corn, petit pois, broccoli, green beans, carrots, pepper, cherry tomatoes, carrot sticks and cucumber</p>	
<p>Morning snack</p>	<p>Cooked Lunch</p>	<p>Tea</p>
<p>Cereal and milk 2,7</p>	<p>Cod in herby tomato sauce with new potatoes and peas</p> <p>Mango and grape</p>	<p>Cold pasta salad with pesto and ham 2,7,4</p> <p>Fresh melon slices</p>
<p>Malt Loaf and milk 2,7</p>	<p>BBQ sausages, homemade wedges, beans</p> <p>Shortbread</p>	<p>Selection of filled bagels with chicken and bacon, ham or dairylea, with carrot sticks 2,7,4</p> <p>Mango and Kiwi</p>
<p>Toast and milk 2,7</p>	<p>Macaroni cheese with broccoli 2,4,7,9</p> <p>Bananas</p>	<p>Tea platter - breadsticks, cherry tomatoes sausage rolls, cheese cubes 2,7,4</p> <p>Pear and apple slices</p>
<p>Fruit loaf and milk 2,7</p>	<p>Moroccan lamb with rice, carrots and peas</p> <p>Fromage frais 7</p>	<p>Ham and chicken/ bacon sandwich selection with cucumber sticks 2,7,4</p> <p>Dried fruit (cranberries, sultanas, apricots)</p>
<p>Cereal and milk 2,7</p>	<p>Chicken chow mein with peppers, courgette and sugar snap peas, served with noodles</p> <p>Granola tray bake</p>	<p>Ham and cheese croissants with cucumber sticks 2,7,4</p> <p>Pineapple and melon</p>